

# **DECLUTTERING: ROOM BY ROOM**

## **Decluttering Your Bathroom**

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The topic of this seminar is about how to declutter each room of your home. We are going to briefly review the information and guidelines for decluttering from our first session. Then, we will discuss ways to use those guidelines to declutter the bathroom. At the bottom of this handout, you will find a quote or practical tip to help prevent the build-up of clutter in your home.

### **1. WHAT IS YOUR GOAL? WHY DO YOU WANT TO DECLUTTER YOUR BATHROOM?**

- To organize bathroom items
- To improve efficiency to find item when bathing or grooming
- To improve safety/prevent injuries
- To minimize clutter due to guests or family visiting

### **2. DO YOU NEED HELP TO BEGIN THIS TASK?**

### **3. METHODS YOU CAN USE TO DECLUTTER THE BATHROOM**

**4. QUESTIONS TO ASK YOURSELF WHEN YOU ARE DECLUTTERING THE BATHROOM.**

**5. ITEMS TO CONSIDER DISPOSING OF THAT ARE USUALLY CONSIDERED CLUTTER IN THE BATHROOM.**

**WORDS OF WISDOM**

***“Simplifying your space doesn’t need to happen in a day.  
Set a goal. Take it step by step. You’ll gain momentum!”  
- The Unclutter Angel***